

COERVER® COACHING

SYDNEY NORTH SHORE

PERFORMANCE ACADEMY 2020-2021

The COERVER® Coaching Performance Academy is a football school for serious, dedicated individuals seeking additional professional training to improve their technical ability and become more advanced players. Our goal is to provide comprehensive football education for young players looking to acquire the skills necessary to elevate their game to the next level.

The COERVER® Coaching Performance Academy helps players acquire the skills necessary for becoming confident, creative football players. The COERVER® method, based on our world recognised pyramid of player development, encompasses individual ball mastery; (1v1) techniques of the world's greatest players; competitive cauldrons; strength; speed; coordination and agility training; modern tactics and small group play.

Players who are selected into the COERVER® Coaching Academy will receive 50-hours of professional COERVER® training and education (25% more than in previous years). Including Induction, Graduation, Match Days, Performance Camp, Skills Testing's, and Regular Weekly Training Sessions.

- Full adidas® COERVER® Performance Academy Training Kit – jacket, shirt, shorts, socks and hat
- adidas® Training Ball
- adidas® training bag
- COERVER® Drink Bottle
- COERVER® Performance Academy Home Training Program
- Opportunity to attend the COERVER® Coaching Asia Pacific Performance Camp in Canberra in January 2021 where selections will be made for the overseas COERVER® Coaching Asia Pacific tour – costs not included in this program

COST FOR SELECTED ACADEMY PLAYERS

Full Cost: \$1250.00 (inclusive of GST) plus credit card surcharge.

Discounted Cost: \$1187.00 (inclusive of GST) with 5% discount where more than one family member is selected.

ACTIVE KIDS VOUCHERS

Active Kids Vouchers are applicable for use on the Performance Academy. Should you wish to utilise one please contact us directly for a discount code.

PAYMENT PLAN

When registering an option is available for payment of the Performance Academy fee by use of our Payment Plan. The registration costs will be paid in four equal instalments of \$296.75 each month. With the first instalment payable prior to Friday 9th October 2020 (one week prior to the induction session).

Full payment OR initial Payment Plan payment is required prior to Friday 9th October 2020 to allow Performance Academy kits to be assembled prior to the commencement of the induction session.

TRAINING SCHEDULE FOR SELECTED PLAYERS

Players who have been selected in their respective squads will be required to attend the first session which is the induction session. At the induction session players will receive their training schedule/program/gear and equipment, players and parents will meet their respective squad instructors.

The COERVER[®] Sydney North Shore Performance Academy program is an intensive training program where players will be required to train up to 2-3 times per week. Training venue, dates and times are shown in the attached calendar noting that skills testing will take place on some of the allocated training sessions.

AGES AND SQUAD SIZES

Final squads will be split by age group / ability and determined closer to the commencement of the program. Squad sizes will tend to range from 10 to 14 players pending the age groups.

TRAINING CALENDAR

The Performance Academy will be run as per the attached calendar with the likely age groups being:

- 4:30pm: U7-U10 and Junior Girls squads
- 6pm: U11-U15 and Youth Girls squads & Goalkeepers

PLEASE NOTE: final break-up of age groups for session times are TBC and will be confirmed closer to the commencement of the program once we have full visibility on numbers and ages.